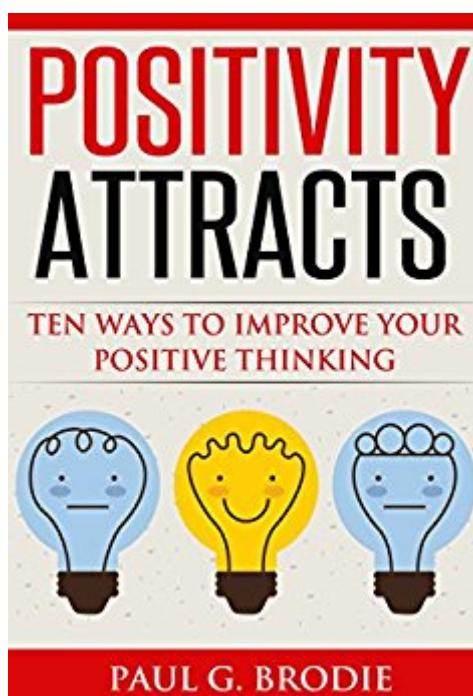


The book was found

Positivity Attracts: Ten Ways To Improve Your Positive Thinking (Paul G. Brodie Seminar Series Book 2)



Synopsis

Positivity Attracts: Ten Ways to Improve Your Positive Thinking (Part of the Paul G. Brodie Seminar Book Series) shows how you can change your mindset and improve your positive thinking. What if a few new habits could improve your positive thinking? What if you could increase your happiness with a few simple steps? Imagine waking up in the morning feeling positive and ready to take on the day. bestselling author, Paul G. Brodie, in his third book, covers ten ways to improve your positive thinking. Here are a few things that you will get out of Positivity Attracts. In this book, you will learn.

- â ¢How to emphasize Positivity vs Negativity in your lifeâ ¢How to utilize the Four Truths to increase your happinessâ ¢How to look at your life from a Negative vs Positive Perspectiveâ ¢How to use the Baggage in your life to motivate youâ ¢How to choose to RISE when you fall downâ ¢How to conquer your Dark Side â ¢How to Delegate Your Fears and Worriesâ ¢How to Disconnect from technology to focus on what really is important â ¢How to maximize your Circle of Trust to live a positive lifeâ ¢BONUS: Questions at the end of each chapter to help with increasing your positive thinking

Buy this book NOW to increase your positive thinking and stop feeling negative and stressed out

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Book Information

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Customer Reviews

Ask yourself: are you a positive person or a negative person? Positivity expert and author Paul Brodie gets right into the heart of the matter from the get-go in his new bestseller "Positivity Attracts". In this book Paul asks readers to question the real meaning of what it is to be a really positive person [as opposed to someone who walks around all day in a negative state]. The first "positive" thing I noticed about this book is the ease at which it is to read. The author has used a friendly tone to communicate with readers as if you were sitting right there sharing a cup of java together. This maintains interest throughout the book and keeps the pages flipping. In the first lesson on Positivity [Chapter 1: the message is clear "positivity attracts and negativity repels. Chapter 2 focuses in on the Four Truths that Paul has live by and are what he teaches to others. These truths are simple in their nature but powerful in application. The author explains the 4 truths in a simple description of each [No spoilers here; read the book if you want to know what the truths are]. Chapter 3 on "Servant Leadership" is about giving back to others; this is a vital piece in the book because the world needs more of this so that we can live a more harmonious lifestyle. In chapter 4 we learn to look at our live through a Negative vs. Positive perspective. Once again Paul uses real-world examples and illustrations based on his experience to teach people how to do this. Chapter 5 is a great piece of work because it focuses in on the baggage that we keep in our lives. Emotional baggage can be extremely harmful, creates stress and keeps negativity alive and well in the body.

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